

# PRAYERWALKING GUIDE

## WHAT IS PRAYERWALKING?

There has never been a mighty movement of God where He did not call His people to pray. Prayer revives the hearts of God's people as it prepares our communities for God's Word to be spread. As we pray for our communities, we can begin to see a spiritual awakening around us prompted by God, not our programs. A great way to put our prayers into motion is through prayerwalking our communities and neighborhoods.

Prayerwalking involves taking our prayers to the very places where we desire to see God's presence manifested and our prayers answered. As you pray, you will find that God opens your eyes and prepares your heart to see the city from His perspective. Your sorrow may deepen for the plight of the city while your hope grows for what God desires and is able to do through your prayers. You may discover a new appreciation for people as God sees them and so become more interested in their welfare.

Prayerwalking is "Ordinary believers stepping into the streets to pray effectively for their neighbors. With eyes wide open to real needs and with ears open to the promptings of God's Spirit, intercession becomes an adventure" (Graham Kendrick). Be spiritually prepared for Prayerwalking by daily Bible reading, devotion and private prayer. As you walk, God may convict you of sins you may have committed against your neighbor or those in your community. Be willing to confess those sins; ask the Lord to forgive you and help you restore those relationships.

## PRAYERWALKING IS INTERCESSING ON LOCATION

"Why can't I just stay at home or gather at church to intercede?" The answer is... "you can". And God will hear and respond to your prayer as He will to the prayers of those who go. Praying "on location" while seeing, feeling, touching, smelling and hearing is to pray with more intensity. After the prayerwalk is over, you will never pray the same way again for the location of your walk and the people you met there.

# PRAYERWALKING TIPS

## SOME PLACES YOU MAY WANT TO PRAYERWALK

Neighborhoods

Schools

Hospitals

Business areas

Churches

Government buildings

Sites of false religions, sect groups or cults  
Someplace where you see a large  
view of the area

## PRACTICAL TIPS FOR PRAYERWALKING

1. Wear comfortable clothing and walking shoes. A small backpack may be useful on long walks.
2. Teams of two to three work best.
3. Pray together as a team prior to the beginning of the walk.
4. It is OK if prayerwalking feels awkward the first few times. It will soon feel more comfortable.
5. Pray with your eyes open, sensitive to what might prompt prayer.
6. Don't be afraid of silence. It is OK to walk and pray silently.
7. Reinforce prayers of other team members before changing the subject of prayer.
8. Stop for more intense prayer as the occasion calls for it.
9. Talk with God in a conversational manner.
10. Use Scripture in your prayer – either direct quotes or paraphrases.
11. Smile and be pleasant to people you meet. God is working in their lives. Pray for them.
12. Singing is often an effective way to pray and praise.
13. When praying becomes difficult, admit it to your team and ask them to pray for you.
14. Be flexible as the Holy Spirit leads.
15. Pray together as a team at the conclusion of the walk.

# PRAYERWALKING PROMPTS

## PRAYING FOR THE LOST HEARTS

Hearts	Pray for Receptive Hearts (Luke 8:5-15)
Eyes and Ears	Pray for their Spiritual Eyes and Ears to be opened (Matt. 13:15; 2 Cor. 4:3-4)
Attitude	Pray for unbelievers to understand God's Attitude toward sin (John 16:8)
Released	Pray for them to be Released from barriers that hinder faith (2 Tim. 2:25-26)
Transforming	Pray for unbelievers to experience a Transforming life in Christ (Rom. 12:1-2)
Sent	Pray for witnesses to be Sent to share Christ with the lost (Matt 9:35-38)

## PRAYING FOR CHRISTIANS

- Pray for believers to be renewed in the joy of God's salvation (Psalm 51:10-13)
- Pray that Christians will experience the joy of Jesus in their lives (John 17: 13)
- Pray for divine protection from Satan (John 17:15)
- Pray that believers will live set apart and holy lives in Christ (John 17: 17)
- Pray for Christians to be united in mission and purpose (John 17: 20-21)

## BLESSINGS TO PRAY OVER PEOPLE IN THE AREA

- HeB - Body: physical needs.
- L - Labor: All of the labor of their hands.
- E - Emotions: their emotional needs.
- S - Social: For their relationships among one another and others.
- S - Spiritual: all of their spiritual needs.