

WHY SHOULD WE PRAYERWALK?

There has never been a mighty movement of God where He did not call His people to pray. Prayer revives the hearts of God's people as it prepares our communities for God's Word to be spread.

As we pray for our communities, we can begin to see a spiritual awakening around us prompted by God, not our programs. A great way to put our prayers into motion is through prayerwalking our communities and neighborhoods. Prayerwalking involves taking our prayers to the very places where we desire to see God's presence manifested and our prayers answered.

As you pray, you will find that God opens your eyes and prepares your heart to see the city from His perspective. Your sorrow may deepen for the plight of the city while your hope grows for what God desires and is able to do through your prayers. You may discover a new appreciation for people as God sees them and so become more interested in their welfare.

PRAYING FOR CHRISTIANS

- Pray for believers to be renewed in the joy of God's salvation (Psalm 51:10-13)
- Pray that Christians will experience the joy of Jesus in their lives (John 17: 13)
- Pray for divine protection from Satan (John 17:15)
- Pray that believers will live set apart and holy lives in Christ (John 17: 17)
- Pray for Christians to be united in mission and purpose (John 17: 20-21)

BLESSINGS TO PRAY OVER PEOPLE IN THE AREA

- B - Body: physical needs
- L - Labor: all the labor of their hands
- E - Emotions: their emotional needs
- S - Social: for their relationships among one another and others
- S - Spiritual: all of their spiritual needs

PRAYER WALKING GUIDE



Saxe Gotha
PRESBYTERIAN CHURCH

HOW DO WE PREPARE?

Be spiritually prepared for prayerwalking by daily Bible reading, devotion and private prayer. As you walk, God may convict you of sins you may have committed against your neighbor or those in your community. Be willing to confess those sins; ask the Lord to forgive you and help you restore those relationships.

“ORDINARY BELIEVERS STEPPING INTO THE STREETS TO PRAY EFFECTIVELY FOR THEIR NEIGHBORS. WITH EYES WIDE OPEN TO REAL NEEDS AND WITH EARS OPEN TO THE PROMPTINGS OF GOD’S SPIRIT, INTERCESSION BECOMES AN ADVENTURE”

-GRAHAM KENDRICK

PRAYERWALKING IS INTERCESSION ON LOCATION

“Why can’t I just stay at home or gather at church to intercede?” The answer is... “you can”. And God will hear and respond to your prayer as He will to the prayers of those who go. Praying “on location” while seeing, feeling, touching, smelling and hearing is to pray with more intensity. After the prayerwalk is over, you will never pray the same way again for the location of your walk and the people you met there.

PRACTICAL SUGGESTIONS

- Wear comfortable clothing and walking shoes
- Teams of 2 or 3 work best
- Pray together as a team before starting your walk
- It is OK if prayerwalking feels awkward the first few times. It will soon feel more comfortable.
- Pray with your eyes open, sensitive to what might prompt prayer
- Don't be afraid of silence.
- Reinforce prayers of the other team members before changing the subject of prayer
- Stop for more intense prayer as the occasion calls for it
- Talk with God in a conversational manner
- Use Scripture in your prayer - either direct quotes or paraphrases
- Smile and be pleasant to people you meet. God is working in their lives. Pray for them.
- Singing is often an effective way to pray and praise
- When praying becomes difficult, ask your team to pray for you
- Be flexible as the Holy Spirit leads
- Pray together as a team at the end of the walk

WHERE CAN I PRAYERWALK?

Neighborhoods

Schools

Hospitals

Business Areas/Parks

Churches

Government Buildings

Sites of false religions, sects, or cults

Somewhere with a view of the area

SCRIPTURE PROMPTS FOR PEOPLE IN YOUR PRAYER

Praying for Lost **HEARTS**

- Pray for Receptive **Hearts** (Luke 8:5-15)
- Pray for their Spiritual **Eyes** and **Ears** to be opened (Matt 13:15)
- Pray for unbelievers to understand God's **Attitude** toward sin (John 16:8)
- Pray for them to be **Released** from barriers that hinder faith (2 Tim 2:25-26)
- Pray for unbelievers to experience a **Transforming** life in Christ (Rom 12:1-2)
- Pray for witnesses to be **Sent** to share Christ with the lost (Matt 9:35-38)